

## Why we don't ship probiotics refrigerated

Third party studies have verified that Multi Bio Max capsules maintain viability at outdoor temperatures for approximately one month before significant die off of organisms occurs (see figure below).

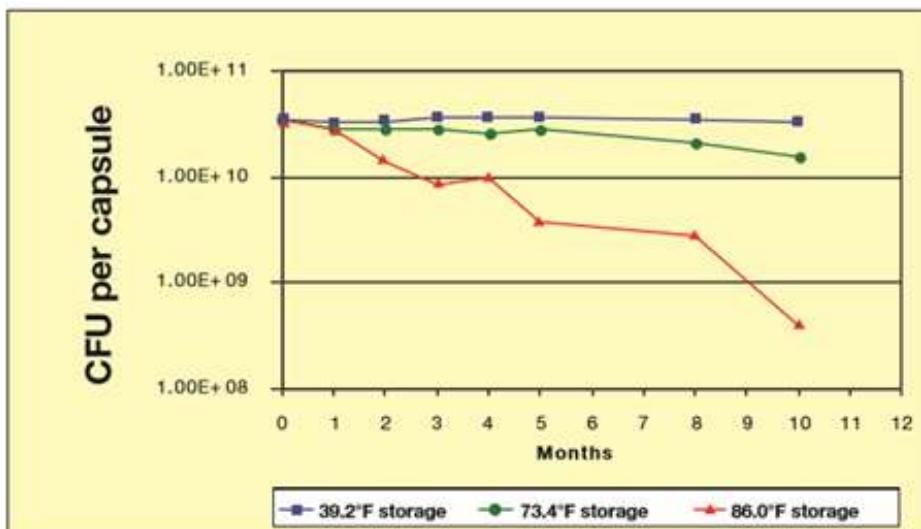
In addition, each capsule is overfilled with more organisms, providing an additional buffer to ensure the full dose of beneficial organisms listed on the label is present when the product arrives, even in the event a small amount of die off occurred during the shipping process.

Once you receive your order, we do recommend you store it at refrigeration temperatures to maintain maximum viability over time.

Feel free to email us at [info@backtothebooknutrition.com](mailto:info@backtothebooknutrition.com) with any questions or comments about our products and your customer experience. We value your feedback!

### CFU/Capsule Over Time

Temperature	Dec. 07	Jan. 08	Feb. 08	March 08	April 08	May 08	Aug. 08	Oct. 08
39.2°F (4°C) storage	33.9 billion	32.8 billion	33.3 billion	36.8 billion	36.2 billion	35.8 billion	34.9 billion	33.0 billion
73.4°F (23°C) storage	33.9 billion	28.8 billion	27.9 billion	26.5 billion	25.1 billion	27.5 billion	20.3 billion	15.3 billion
86.0°F (30°C) storage	33.9 billion	28.3 billion	13.7 billion	8.3 billion	10.0 billion	3.7 billion	2.8 billion	0.4 billion



The graph depicts viability studies for Multi Bio Max probiotic, performed by an independent laboratory.

Capsules are overfilled to around 34 billion CFU on manufacturing and maintain at or above labelled concentrations of 25 billion CFU for several months when refrigerated or stored at room temperature.

Exposure to warmer temperatures for longer than 1 month will result in significant loss of viability.

**Questions? Email us!**

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